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Nutrition Fifth Edition

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Nutrition: An Applied Approach 5th Edition - amazon.com

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Amazon.com: nutrition 5th edition

Written for non-majors, Discovering Nutrition, Fifth Edition introduces students to the fundamentals of nutrition with an engaging and personalized approach. The text focuses on teaching behavioral change, personal decision making, and up-to-date scientific concepts in a number of innovative ways.

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The 5th Edition includes the most up-to-date scientific research in the field of nutrition, an increased emphasis on nutrition and disease content, and new icons in the margins directing students to Oregon State University's FoodHero.org. The text covers key concepts in nutrition with new and updated Focus Figures; updated Nutri-Case case studies; and Nutrition Concept Videos, which feature author Janice Thompson explaining difficult course concepts.

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The Science of Nutrition, 5th Edition - Pearson

The book covers all pertinent nutrition topics, including nutrients, guidelines, and digestion and absorption. Each chapter includes many interactive sections. The "Think About It" section poses questions for readers to consider how they would behave in the stated circumstances.

Nutrition / Edition 5 by Paul Insel, Don Ross, Kimberley ...

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